

## Charlotte Dietetic Association RD Referral Contact List 2008-2009

<b>Name</b>	<b>Specialty</b>	<b>Work Address</b>	<b>Phone #</b>
<b>Lavonda Avery Horvat, BS, DTR</b>	Weight Management, Diabetes, Cardiovascular and Wellness Nutrition	14030 Harvington Drive Huntersville, NC 28078	704-996-4608
<b>Barbara Bapst, MPH, RD, LDN, CLT</b>	Wellness, Weight Management, Alternative Health, Food Sensitivities	2237 Park Road Charlotte NC, 28207 Or 2147 Mt Holly-Huntersville Rd. Charlotte, NC 28214	704-398-1864
<b>Danielle Carlton, RD, LDN</b>	Weight Management	2608 East 7 <sup>th</sup> Street Charlotte, NC 28204	704-446-4026
<b>Ellen Cary, RD, LDN</b>	Eating disorders, Adolescent weight management	Teen Health Connection 3531 Randolph Road Suite 206 Charlotte, NC 28211	704-381-4673
<b>Ruthi Cohen Joyner, RD, LDN</b>	Consulting		704-888-8215
<b>Ginnie Collins, MS, RD, LDN, CCP</b>	Weight Management, Adult and Child Diabetes, Hypertension, Dyslipidemia		704-446- 18115
<b>Pam Cornelius, RD, LDN</b>	Wellness, Weight Management, Bariatric Surgery	Charlotte	704-763-1139
<b>Melissa Herrmann Dierks, RD, LDN, CDE</b>	Eat Smart Nutrition Co. Providing nutrition solutions to adults and children with an emphasis in diabetes self management	P.O. Box 921 Huntersville, NC 28070	704-779-2100
<b>Ava Elmore, RD, LDN</b>	Cardiac Rehabilitation, Wellness, Pediatrics, Weight Management		704-907-6089
<b>Pat Fogarty, MS, RD, LDN</b>	Celiac Disease	2209 Wharton Lane Charlotte, NC 28270	704-543-9472
<b>Elizabeth Friedrich, MPH, RD, LDN</b>	Long Term Care Nutrition for Older Adults	110 West Colonial Drive Salisbury, NC 28144	704-636-1890
<b>Vicky Kottyan, RD, LDN</b>	Pediatrics, Weight Management, Adult Nutrition	301 Yadkin Street Albermarle, NC 28001	704-983-8205

<b>Petula Kwende</b> , MPH, RD, LDN	Long Term Care Facilities, Home Health Care, Weight Management, Emergency Nutrition	5315 Amity Springs Drive Charlotte, NC 28212	704-222-6107
<b>Carol Land</b> , MS, RD, LDN	Weight Management, Diabetes, Complimentary Health	2411 Waxhaw Marvin Road Marvin, NC 28173	704-578-9020
<b>Stephanie Lester</b> , RD, LDN	Infant and Child Nutrition, Gestational Diabetes, Nutrition During Pregnancy	1224 W. Roosevelt Blvd. Monroe, NC 28110	704-296-4892
<b>Heidi Lichtner</b> , MS, RD, LDN, CDT	HIV Nutrition/RW Coord., Body Composition Analysis and MNT for Wellness	Myers Park ID Clinic 1350 S. Kings Drive Charlotte, NC 28207 OR Discover Nutrition Now	704-446-1634  704-609-6196
<b>Theresa Logan</b> , MS, RD, CSSD	Eating Disorders, Weight Management, Sports Nutrition	1105 Deer Cross Lane Waxhaw, NC 28173	704-651-6781
<b>Jennifer Lowrie</b> , RD, CDE, LDN	Food Allergies, Diabetes	112 Alameda Circle Mooresville, NC 28117	704-500-0338 704-608-6506
<b>Jennifer Manley</b> , RD, LDN	Weight Management, Cardiac Nutrition, Diabetes, Wellness	16501-D Northcross Drive Huntersville, NC 28078	704-651-2666 704-895-9865
<b>Lindsey McKeon</b> , RD, LDN	Eating Disorders, Pregnancy, Weight Management	6633 Fairview Road Charlotte, NC 28202	704-366-1264
<b>Allison Mignery</b> , MS, RD, LDN	All/Contract Work		704-904-3739
<b>Sonia Nanda</b> , MS, RD, LDN, CNSD	Nutrition Support	CMC-Mercy Hospital 2001 Vail Avenue Charlotte, NC 28207	704-304-5814
<b>Keri Patterson</b> , MS, RD, LDN, CDE	Diabetes, Eating Disorders, Weight Management; Adult and Pediatric	Huntersville, NC	704-408-3744
<b>Kim Pennington</b> , MEd, RD, LDN	Child and Adolescent Nutrition, Consultation for Facilities	1801 East 5 <sup>th</sup> Street Suite 213 Charlotte, NC 28204	704-556-0566
<b>Enid Lloyd Randall</b> , MS, RD	Pediatrics, Diabetes, Weight Management, Elderly	2204 Crescent Avenue Charlotte, NC 28207	704-737-4047
<b>Allyson Rutledge</b> , RD, LDN	Weight Management (Adult and Pediatric), Cardiac		704-575-4247
<b>Jill Schuman</b> , RD, LDN, CSP, CNSD	Weight Management, Pediatrics, Athletes, Diabetes, Hypertension, Hypercholesterol	10130 Mallard Creek Road Suite 300 Charlotte, NC 28262	704-293-9856

<b>Kirsten Screen</b> , MPH, RD, LDN, CHES	Wellness, Weight Management, Sports Nutrition, Corporate	Wellness RD, LLC 2015 Ayrsey Town Blvd. Suite 221 Charlotte, NC 28273	704-999-0255
<b>Lenna Segreti</b> , MS, RD, LDN	Weight Management, Cardiac, Diabetes, Wellness		919-417-0239
<b>Erika Spann</b> , RD, LDN, CLE	Diabetes, Weight Management, Hypertension, Consulting, Pregnancy, Cholesterol Management		562-708-0377
<b>Anna Thadani</b> , MA, RD	Public Health Nutrition	1307 South Cannon Blvd. Kannapolis, NC 28083	704-920-1267
<b>Nancy Ulmann</b> , RD, LDN	Weight Management	217 North Trade Street Matthews, NC	704-840-4569
<b>Stacey Vanderwel</b> , RD, LDN, CSP	Pediatrics, Eating Disorders, Disordered Eating, Pediatric Obesity, Failure to Thrive, Food Allergies	Charlotte Center for Balanced Living 505 East Blvd. Charlotte, NC 28203	704-378-1390
<b>Bonnie Walsh</b> , MSE, RD, LDN	Pediatrics; Birth to age 3	Concord CDSA 1065 Vinehaven Dr. NE Concord, NC 28205	704-786-9180 Ext. 229
<b>Julie Whittington</b> , MS, RD, LDN	Eating Disorders, Disordered Eating, Food Allergies, Prenatal Nutrition, Weight and Disease Management, Nutrition Journalism	Huntersville Health and Wellness, LLC 15323 Barnsbury Drive Huntersville, NC 28078	980-254-6274
<b>Jennifer Williams</b> , RD, LDN		CMC-Main 1000 Blythe Blvd. Charlotte, NC 28203	704-355-5222
<b>Young, Anita</b> , RD	Web design, health professional promotion		980-328-4906